



ALIGNMENT HEALTHCARE

# SOCIAL WORK SERVICES

Alignment Healthcare Services provide patient care that is more convenient, accessible and better coordinated, thereby aligning each patient's individual healthcare needs with the most appropriate healthcare providers right in the community. This is possible thanks to the specially designed Alignment Healthcare Centers that we are introducing within the communities we serve. Our centers are home to a wide array of preventive health services, as well as the dedicated clinical teams, that act in coordination with each member's personal physician to provide needed treatment, screenings and care.





## SERVICES PROVIDED



*Counseling for issues including;*

- Grief and loss
- Stress Management
- Depression
- Anxiety
- Mood Disorders
- Medical and other related diagnoses
- Dementia
- Family and caregiver issues
- Guardianships, Healthcare Power of Attorney
- Advance Directives
- End of life planning
- Financial resources
- Assistance with navigating community systems and resources

## OUR TEAM



Our clinicians are specially trained and experienced in working with the geriatric population and their families in managing patients mental health, physical, emotional, and psychological well being.

## OUR APPROACH



Alignment Healthcare Centers offers a full spectrum of services for the geriatric population. We provide individualized care for our patients and families. Our therapeutic approaches include motivational interviewing, individual therapy, family therapy, skill based group therapy and educational groups.

# Alignment Healthcare Centers

*To be referred for services contact  
any of our medical clinics.*

### **GARNER CENTER**

919-615-0057  
868 Timber Drive  
Garner NC

### **RALEIGH CENTER**

919-803-4820  
2610 New Bern Avenue  
Raleigh NC

### **WAKE FOREST CENTER**

919-435-1246  
1964 South Main Street  
Wake Forest, NC



# Social Work Staff

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919-803-4820

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919-435-1246